

Awakenings

10 Intentions to Achieve in 90 Days

Date began: / / Date ended: / /

What intentions or projects would I like to achieve in the next 90 days as a result of my coaching sessions?

*(Questions to ask yourself: Who do I want to be in the world? What do I want to create for my life?
Where do I want to serve? How do I want this to flow into alignment? Why do I want to achieve this?)*

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